

# 2<sup>nd</sup> EHS



شعبة اليد والبراعة اليد  
Emirates Hand Surgery Society



## INTERNATIONAL ORTHOPEDIC CONGRESS

Fujairah International Orthopedic Congress



DoubleTree by Hilton Fujairah City

# 18-19<sup>th</sup> JANUARY 2025

<https://fiocongress.com>



# Congress Board

## Chairperson

### Dr. Wael Alsammak

- Board in Orthopedics
- Diploma in spine surgery
- Orthopedic spine consultant
- Head of Orthopedic Department Fujairah Hospital



## Congress Co-Chairman and Organizing Committee Chairman

### Dr. Khaleil Almatrooshi

- Orthopedic consultant
- Swedish board certified
- Director of Kalba Hospital
- Head of orthopedic committee at Emirates health services
- Member of the Emirates Orthopedic Society's board

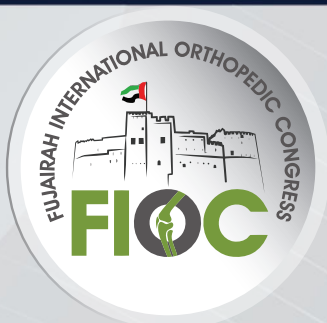


## Scientific Committee Chairman

### Dr. Hayder Alsaadi

- Chairman of Emirati Board Orthopedics
- Director of Orthopedic Residency Program -SSMC
- Associate Professor -Khalifa University
- Associate Professor -GMU
- International AOTRAUMA Faculty
- Consultant Orthopedics Surgeon -SSMC





In collaboration with



Emirates Health Services (EHS)

Emirates Hand Surgery Society



AO Spine

Emirates Osteoporosis Society



Jordanian Orthopedic Society

Jordanian Group of sport injuries and arthroscopic surgeries





**59.5 CME HOURS**





**SATURDAY**

**18<sup>th</sup> January 2025**

**REGISTRATION**

**08:00 -09:00**

The opening Ceremony will be running at Hall 1

**OPENING CEREMONY**



**10:30 - 11:00 AM**

10:30	UAE national anthem
10:35	Quran
10: 40	Congress Board Welcome & Introduction
10:45	His Excellency <i>Dr. Ahmed AlKhadim</i> - Director Fujairah Hospital
10:45- 11:00	“Bin Wariqa Service” <i>Prof. Ahed Al-Najjar</i> from the National Ambulance”

This congress will be running in 4 parallel-running Halls

CONGRESS		
HALL	TIME	SESSION NAME
HALL 1	09:00- 13:00	Spine Discussions
	14:00-15:00	Women in orthopedics
	15:00- 18:30	Hand & Microvascular Session
HALL 2	09:00- 13:00	Shoulder Debates
	14:00-14:30	Orthopedic AI
	14:30- 18:30	Knee Debates

WORKSHOPS		
HALL	TIME	SESSION NAME
HALL 3	09:00- 13:00	Foot & Ankle workshop 1  
	14:00- 18:00	Spine Workshop 
HALL 4	09:00- 13:00	Foot & Ankle workshop 2 
	14:00- 18:00	Foot & Ankle workshop 3 



SATURDAY 18<sup>TH</sup> JANUARY 2025

## Hall 1

### SPINE DEBATES

09:00 - 13:00

#### MODERATORS

*Sameh Abolfotouh – Omar Alnori – Imad Hashim*

09:00-09:15

**Dural tears**  
*Imad Hashim*

09:15-09:30

**Complications & Solutions in Scoliosis Surgery**  
*Ziad Aljian*

09:30 - 09:45

**Bertolotti`s syndrome case-based approach**  
*Nicandro Figueiredo*

09:45- 10:00

**ADR vs hybrid construct**  
*Ahmed Allam*

10:00- 10:15

**Navigating the future in complex spine surgery**  
*Thaer Darwish*

10:15 – 10:30

**Thoracolumbar fractures early fixation can improve outcome**  
*Hayder Alsaadi*

10:30 - 11:00 Opening Ceremony

11:00- 11:10

**Medical Malpractice**  
*Iskander Deeb*

## Hall 2

### SHOULDER DEBATES

09:00 - 13:00

#### MODERATORS

*Peter MacDonald - Loiy Alkhatib – Jaber Alkhayeli*

09:00 – 09:30

**56-year-old female with chronic painful partial thickness tear of supraspinatus tendon:**

- Should we proceed with tear repair without augmentation?
- Patch augmentation is necessary for optimal recovery and long term-success.

1. *Peter MacDonald*    2. *Loiy Alkhatib*

09:30 – 10:00

**61-year-old male with massive, retracted, anterior superior rotator cuff tear and grade II-III atrophy:**

- All cuffs are repairable: Arthroscopic rotator cuff repair.
- Save time and effort with Biceps Re-routing.

1- *Saeed Al-Thani*    2- *Bhuvan Machani*

10:00 – 10:30

**Can we improve rotator cuff healing with orthobiologics?**  
*Don Buford (Virtual)*

11:00 - 11:30

**27-year-old female semi-professional volleyball player with recurrent anterior shoulder instability and 13% glenoid bone loss:**

- Remplissage and Bankart repair is my first choice.
- Bone Block is the way!

1. *Peter MacDonald*    2. *Ziyad El Qirem*



### Hall 1

11:15-11:25

**Pott`s Disease management & complications**  
*Fawaz Al-Hazaa*

11:25 – 11:40

**When Things Go South in Spine Surgery**  
*Omar Alnori*

11:40 – 11:50

**Traumatic Spinal Dislocations**  
*Wallead Al – Jaafee*

11:50 – 12:00

**Cervical spine trauma anterior vs posterior**  
*Ebrahim Alyosef*

12:00-12:15

**Degenerative lumbar stenosis, should I instrument?**  
*Rami Salameh Saleh*

12:15-12:30

**(Dreaded Complications in Deformity Correction Surgery - Case Example)**  
*Mason Alnori*

12:30 – 12:45

**Surgery for cervical spine tumors**  
*Tarek Rayyan*

12:45- 13:00

**Enabling technology: mitigating risks in modern spine surgery**  
*Sameh Abolfotouh*

13:00 – 14:00 Lunch

### Hall 2

11:30 – 11:45

**Plan Twice, Cut Once: Fundamental Principles for Shoulder Arthroplasty Planning**  
*Adeebah AlBadran*

11:45 – 12:00

**Shoulder instability algorithmic approach**  
*Rahma Abdulrahman*

12:00 - 12:30

**Massive cuff tear treatment options**  
*Peter MacDonald*

12:30 – 13:00

**21-year-old male amateur boxer with a high grade acromioclavicular joint chronic dislocation:**  
**1-Arthroscopic ACJ refixation, don't think twice.**  
**2-Mini-Open, Go for a win.**  
 1. Saad M AlQahtani    2. Bhuvan Machani



**Hall 1**

**WOMEN IN ORTHOPEDICS**

14:00- 15:00

**MODERATORS**

*Shaikha AlSharri - Amina Ahmed*

14:00 -14:10

14:10 -14:20

*Adeebah AlBadran*

14:20-14:30

*Fariba Fattahi*

14:30 – 14:40

*Christiana Savvidou*

14:40-14:50

*Rahma Abdulrahman*

14:50 – 15:00

*Open Discussion*

**HAND & MICROVASCULAR SESSION**

15:00- 18:30

**MODERATORS**

*Habib Alelsmaily - Khalid Alawadi -  
Christiana Savvidou*

15:00- 15:15

**PIP joint avulsion fractures**

*Khalid Alawadi*

15:15 -15:30

**Full weight bearing in 2 weeks following reconstruction of complex bone defect**

*Hamid Badawi*

**Hall 2**

**KNEE DEBATES**

14:00- 18:30

**MODERATORS**

*Nader Darwish –Ashraf Abdelkafy  
Saeed Al-Thani*

14:00- 14:20

**Orthopedic AI**

*Ahmed El Serafi*

14:30 – 15:00

**Circumferential compression suture versus intra-meniscal suture in arthroscopic meniscal repair.**

*Ashraf Abdelkafy, Rik Kundra.*

15:00 – 15:30

**Meniscal release + meniscal root repair versus isolated meniscal root repair in meniscal root tears with extrusion.**

*Fabrizio Margheritini, Joon Ho Wang.*

15:30 – 16:00

**Pie-crusting of the medial collateral ligament versus non-pie-crusting in posterior horn medial meniscus surgery.**

*Nader Darwich, Loiy Alkhatib.*

16:00-16:30

**Lateral retinacular lengthening versus release in lateral patellar instability.**

*Ashraf Abdelkafy Saeed Al-Thani,*

16:30 -17:00

**Bone-Tendon-Bone versus hamstring grafts in primary ACL reconstruction in elite athletes.**

*Saeed Al-Thani, Rik Kundra.*

17:00- 17:30

**ACL reconstruction + lateral extra-articular tenodesis versus isolated ACL reconstruction.**

*Nader Darwich, Rahul Shivedy.*

17:30 – 18:00

**Single stage versus two stages revision ACL reconstruction.**

*Loiy Alkhatib, Rahul Shivedy.*

18:00 – 18:30

**Early repair versus late reconstruction in multiligament knee injury.**

*Joon Ho Wang , Fabrizio Margheritini.*



**Hall 1**

15:30-15:45

**Approach to transscaphoid-perilunate dislocations**

*Nebojsa Jovanovic*

15:45-16:00

**Finger tip amputations**

*Chaitanya Dodakundi*

16:00 – 16:10 *Discussion*  
 16:10- 16:20 *Coffee Break*

16:20 – 16:40

*Debate 1*

**In salvage procedure -four-corner fusion vs Proximal  
 raw carpectomy**

*Hamed Badawi Chaitanya Dodakundi*

16:40 -17:10

**Distal radius fracture those beyond- fixable vs  
 bridgeable**

*Ehab Aldlyami Wesam Ali Nasrallah*

17:10- 17:25

**GCRG in Hand**

*Reni Paulose*

17:25 – 17:40

**Congenital hand condition**

*Christiana Savvidou*

17:40 – 17:55

**Scaphoid nonunion what is the evidence**

*Ehab Aldlyami*

17:55 – 18:10

**DRUJ injury what to do?**

*Mohamed Louay*

18:10 – 18:30

*Discussion*

**Hall 2**

SATURDAY 18<sup>TH</sup> JANUARY 2025



## Workshops

### Hall 3 FOOT & ANKLE WORKSHOP 1 09:00- 13:00



*Daniel Thull*

*Moez Ballal*

*Ehab Khair*

*Luis Carlos Blanco*

### Hall 4 FOOT & ANKLE WORKSHOP 2 09:00- 13:00



*Husam Darwish*

*Ossama Elshazly*

*Ahmmmed Jabir*

*Muhammed Khalifa*

13:00 – 14:00 Lunch

### Hall 3 SPINE WORKSHOP 14:00- 18:00



**MODERATORS**

*Anas Dyab - Sameh Abolfotouh*

*Sameh Abolfotouh - Mason Alnori*

*Tarek Rayyan - Omar Alnori*

*Thaer Darwish – Nicandro Figueiredo*

*Fawaz Al-Hazaa - Ahmed Allam*

### Hall 4 FOOT & ANKLE WORKSHOP 3 14:00- 18:00



*Moez Ballal*

*Ahmed Kholeif*

*Ehab Kheir*

*Leslie Cannon*



**DAY**  
**2**  
**SUNDAY**  
19<sup>th</sup> January 2025

This congress will be running in 4 parallel-running Halls

CONGRESS		
HALL	TIME	SESSION NAME
HALL 1	09:00- 13:00	HIP Arthroplasty Debates
	14:00 - 15:00	Osteoporosis updates symposium
	15:00 - 17:00	HIP Arthroplasty Debates
HALL 2	09:00- 13:00	Foot & Ankle lectures
	14:00-14:30	Symposium - company
	14:30- 17:30	Foot & Ankle Debates

WORKSHOPS		
HALL	TIME	SESSION NAME
HALL 3	09:00- 13:00	Challenges in Bone Defect Workshop 
	14:00- 18:00	ORP Workshop Nurses 
HALL 4	09:00- 13:00	Sport table cases discussion
	14:00- 17:30	Pelvis Workshop 

SUNDAY 19<sup>TH</sup> JANUARY 2025

Common hall closing ceremony 17:30 – 18:00  
See you next year  
17-18 January 2026 save the date!



**Hall 1**

*Hall 1*

**HIP ARTHROPLASTY UPDATES**

09:00-13:00

**MODERATORS**

*Basil Alarabid, Wail Tilakh, Sheikh Hussain, Oussama Chaar*

9:00-09:15

**New Trends in Hip Preserving Surgery**

*Oussama Abdallah*

09:15- 09:30

**Management of Femoroacetabular Impingement**

*Oussama Chaar*

09:30-09:45

**THR approaches, which is better ?**

*Raed Al Zaben*

09:45-10:00

**Acetabular Cup: How to Get It Correct**

*Wail Tilakh*

10:00-10:15

**Importance of spinopelvic alignment in THR.**

*Sheikh Hussain*

10:15-10:25

*Discussion*

**10:25 – 10:45 Coffee break**

10:45 – 11:00

**Daul Mobility cup: indications in THA**

*Muath Adi*

11:00-11:15

**Complex Primary Hip Arthroplasty**

*Mahmoud Abdel Karim*

11:15-11:30

**Direct Anterior Hip Approach: Challenges**

*Raed Al Zaben*

**Hall 2**

*Hall 2*

**FOOT & ANKLE UPDATES**

09:00-13:00

**MODERATORS**

*Moez Ballal , Ehab Khair Oussama Elshazly*

9:00-09:15

**Hallux valgus - Classics and latest treatment options.**

*Husam Darwich*

09:15- 09:30

**Hallux Valgus recurrence .. 1st MTP preserving vs fusion**

*Roger Haene*

09:30 – 09:45

**Assessment and Management for Hallux Rigidus and Limitus.**

*Leslie Cannon*

09:45-10:00

**Minimally invasive subtalar Arthroereisis and Sinus Tarsi Implant in flexible Flatfoot**

*Daniel Thull*

10:00-10:15

**The painful forefoot - Metatarsalgia. What's behind it?**

*Husam Darwish*

10:15-10:25

*Discussion*

10:45 – 11:00

**Lesser toes deformities. Assessment and updates in management**

*Daniel Thull*

11:00-11:15

**How can I deal with this Cavus foot**

*Oussama Elshazly*

11:15-11:30

**Latest in PCFD - adult flatfoot treatment**

*Ahmed Kholeif*



Hall 1
11:30-11:45
<b>Role of AI in hip arthroplasty</b> <i>Mohammed Elfekky</i>
11:45-12:00
<b>The Role of Arthroscopy in AVN Femoral Head</b> <i>Ossama Abdallah</i>
12:00 – 12:10
<b>Discussion</b>
12:10-12:25
<b>Trochanter Fracture During THR: When to Fix</b> <i>Oussama Chaar</i>
12:25-12:40
<b>Periprosthetic Femur Fracture: How to Manage</b> <i>Daniel Schmitz</i>
12:40- 12:55
<b>Cemented Total Hip</b> <i>Raed Al Zaben</i>
12:55 – 13:00
<b>Discussion</b>
<b>13:00 – 14:00 Lunch</b>

Hall 2
11:30-11:45
<b>Muller Weis Syndrome. Any updates?</b> <i>Moez Ballal</i>
11:45-12:00
<b>Talus fracture case discussion</b> <i>Kareem Khalil</i>
12:00 – 12:10
<b>Discussion</b>
12:10- 12:25
<b>Achilles tendonitis. Assessment and management</b> <i>Ahmed Kholeif</i>
12:25-12:40
<b>HindFoot pain in Adult, Common causes &amp; who can I address?</b> <i>Ehab Khair</i>
12:40- 12:50
<b>Management of Chronic Lateral ankle instability.</b> <i>Muhammad Khalifa</i>
12:50 – 13:00
<b>Discussion</b>
<b>13:00 – 14:00 Lunch</b>

SUNDAY 19<sup>TH</sup> JANUARY 2025



**Hall 1**

**OSTEOPOROSIS UPDATES SYMPOSIUM**

14:00 – 15:00

**MODERATORS**

*Khaleil almatrooshi, Wael Alsammak*

14:00 -14:15

**Medical guidelines**

*Luay Tapponi*

14:15 -14:30

**Surgical guidelines**

*Medhat Khafajy*

14:30 - 15:00

**Evenity: Unlocking the power of bone building therapy**

*Wael Alsammak*



**HIP ARTHROPLASTY SESSION**

15:00 -17:00

**MODERATORS**

*Muath Adi, Mahmoud Abdel Karim, Christoph Philip Berdel, Daniel Schmitz*

15:00 -15:15

**Management of Hip Arthroplasty Dislocation**

*Rami Al shalalkeh*

15:15 – 15:30

**Periprosthetic Hip Infection: Diagnosis**

*Mahmoud Abdel Karim*

15:30 – 15:45

**Periprosthetic Hip Infection. Managements.**

*Mahmoud Abdel Karim*

15:45 - 16:00

**Hip Revision: How to Manage Acetabular Bone Loss**

*Wail Tilakh*

16:00 - 16:15

**Update in Orthopaedic Sarcoma Surgery**

*Christoph Philip Berdel*

16:15 - 16:25

**Challenging Cases**

*Christoph Philip Berdel*

**Hall 2**

**FOOT & ANKLE DEBATES**

14:00 -15:30

**MODERATORS**

*Muhammad Khalifa, Husam Darwish, Roger Haene*

14:00 – 14:20

**Solution around the Foot and ankle, discover Newclip Technics**

*Daniel Thull*



14:20 – 14:50

**Ankle Arthritis- Should I Fuse It or Replace It?**

*Husam Darwish*

*Ossama Elshazly*

14:50 – 15:20

**Achilles tendon ruptures- conservative vs operative**

*Daniel Thull*

*Leslie Cannon*

15:20- 15:50

**Lisfranc injury management Osteosynthesis vs primary arthrodesis**

*Ehab Kheir*

*Moez Ballal*

15:50 – 16:20

**Hallux Valgus with Asymptomatic Pes Planovalgus Address only HA or Both**

*Roger Haene*

*Ahmed Kholeif*

16:20- 16:35

**Osteochondral cysts , approach of management**

*Ossama Elshazly*

16:35- 16:50

**Syndesmotic injuries, update in management**

*Ahmmed Jabir*



**Hall 1**

16:25 - 16:35

**Challenging case**  
*Daniel Schmitz*

16:35 - 16:45

**Challenging case**  
*Oussama Chaar*

16:45 - 16:55

**The third challenge case will be**  
*Sheikh Hussain*

16:55 -17:15

**Hip replacement in onchronosis**  
*Mohamed Abdul Hamed*

17:15 -17:25

**Musculoskeletal disorders among the UAE  
 healthcare professionals**  
*Umama Bushra*

17:20- 18:00

**CLOSING CEREMONY SEE YOU NEXT YEAR - 17-18 JANUARY 2026 SAVE THE DATE !**

**Hall 2**

16:50 – 17:05

**Tarsal tunnel syndrome- Myth or fact?**  
*Muhammed Khalifa*

17:05 – 17:30

*Discussion*



## Workshops

### Hall 3 CHALLENGES IN BONE DEFECT WORKSHOP 09:00-13:00



*Medhat khafajy*

*Issam Hozayem*

*Mohammed Refaee*

*Kareem Khalil*

*Ahmed El Gammal*

### Hall 4 SPORT TABLE GROUP DISCUSSION 09:00-12:30

**MODERATORS**

*Peter MacDonald - Jaber Akhyeli  
 Fabrizio Margheritini - Ashraf Abdelkafy*

**Table 1 instructors:**

*Sultan Shobaki - Joon Ho Wang - Rik Kundra*

**Table 2 instructors:**

*Usama Saleh - Bhuvan Machani -Saad M AlQahtani*

**Table 3 instructors:**

*Nader Darwich - Loiy Alkhatib  
 Rahma Abdulrahman*

**Table 4 instructors:**

*Saeed Al-Thani - Ziyad El Qirem  
 Adeebah AlBadran*

12:30 - 13:00  
 Nailing workshop  
 Omar Sabri



13:00 – 14:00 Lunch

### Hall 3 ORP WORKSHOP NURSES 14:00 -18:00



*Hayder Alsaadi*

*Sultan Shobaki*

*Mohammed Kamal*

*Samer Alshrydah*

*Abdelbagy Handous*

*Oni Adeniyi*

*Hashem Al qdhah*

### Hall 4 PELVIS WORKSHOP 14:00 -18:00



*Ahmed El-Bakoury*

*Girgis Latif*

*Wesam Ali Nasrallah*

*Yasser Hannout*



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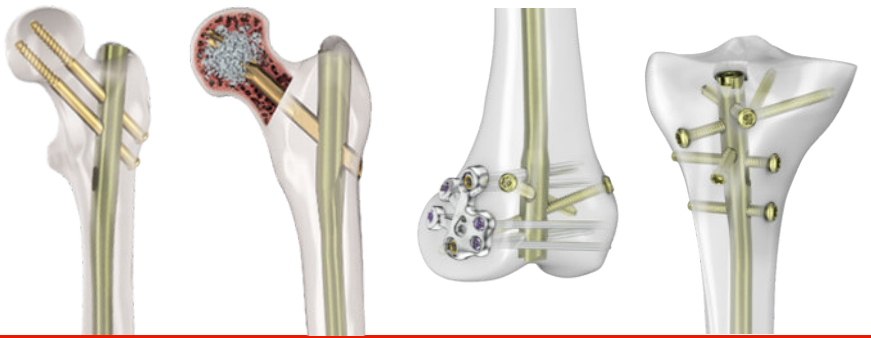
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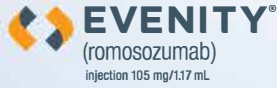


DePuy Synthes is excited  
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and keep people moving





# FOR THE TREATMENT OF POSTMENOPAUSAL WOMEN WITH OSTEOPOROSIS AT HIGH RISK FOR FRACTURE

For your patients with a **prior fracture or very low T-score** (eg, less than  $-3.0$ ) with other risk factors, start with the sequence of **EVENITY<sup>®</sup>** followed by **Prolia<sup>®</sup>** to help build and protect her bone.<sup>2,4,5</sup>

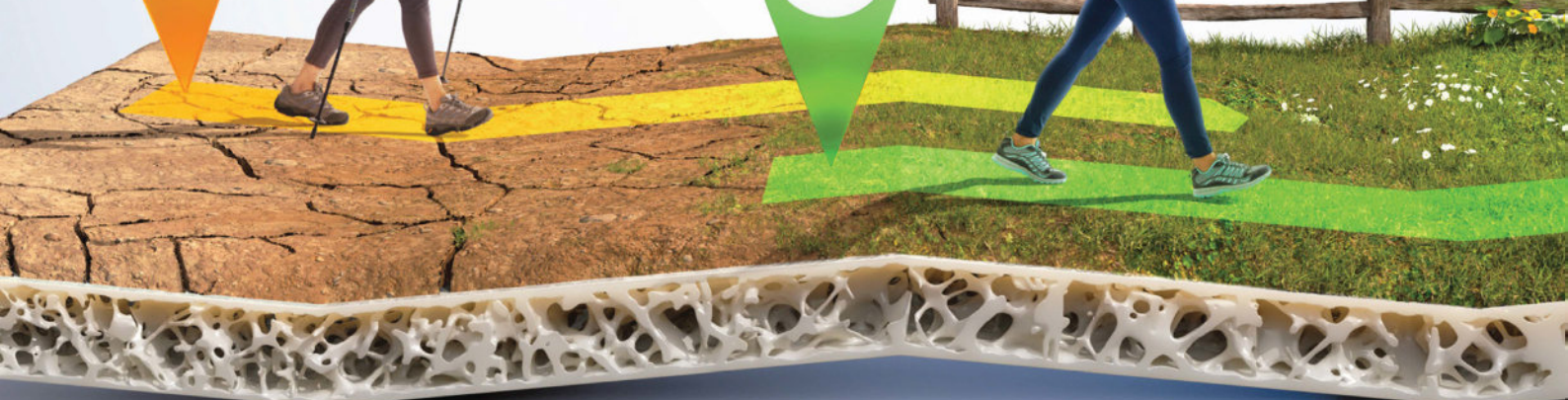
For your patients with **no prior fracture and low T-score** (less than or equal to  $-2.5$ ) with other risk factors, start with **Prolia<sup>®</sup>** to help strengthen her bone.<sup>3,5,6</sup>

**MEET HER**  
Every patient has a different starting point

**THERE**  
and help make her bones stronger<sup>1-3</sup>

**< -3.0**  
T-score  
or prior fracture

**≤ -2.5**  
T-score



References:

1. Silverman S, Christiansen C. Individualizing osteoporosis therapy. *Osteoporos Int.* 2012;23:797-809.
2. EVENITY<sup>®</sup> (romosozumab) prescribing information, Amgen.
3. Prolia<sup>®</sup> (denosumab) prescribing information, Amgen.
4. Lewiecki EM, Dinavahi RV, Lazaretti-Castro M, et al. One year of romosozumab followed by two years of denosumab maintains fracture risk reductions: results of the FRAME extension study. *J Bone Miner Res.* 2019;34:419-428.
5. Camacho PM, Petak SM, Binkley N, et al. American Association of Clinical Endocrinologists/American College of Endocrinology Clinical Practice Guidelines for the Diagnosis and Treatment of Postmenopausal Osteoporosis—2020 Update. *Endocr Pract.* 2020;26(suppl1):1-46.
6. Keaveny TM, McClung MR, Genant HK, et al. Femoral and vertebral strength improvements in postmenopausal women with osteoporosis treated with denosumab. *J Bone Miner Res.* 2014;29:158-165.

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Office 2007, 20th floor  
Dubai Media City  
PO Box 502607  
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# AKO MEDICAL

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## 2<sup>nd</sup> EHS

### INTERNATIONAL ORTHOPEDIC CONGRESS

## 18-19<sup>th</sup> JANUARY 2025

📍 DoubleTree By Hilton – Fujairah



INNOVATION MEANS MOTION

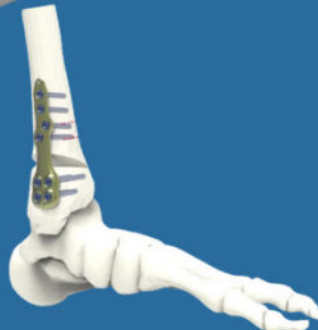


We are excited to welcome you to our stand at Fujairah Intl. Orthopedic Congress to unveil our **NewClip Technics** Foot & Ankle latest solutions.

Join us at our **NCT Foot & Ankle workshop** on 18th. January.2025 (9:00 AM - 1:00 PM)

### Workshop Overview:

- NCT Foot Motion Plating System.
- Ankle Fusion (NCT ACTIVFUSE).
- Distal Tibia Osteotomy (DTO)
- Fibula Nailing System.



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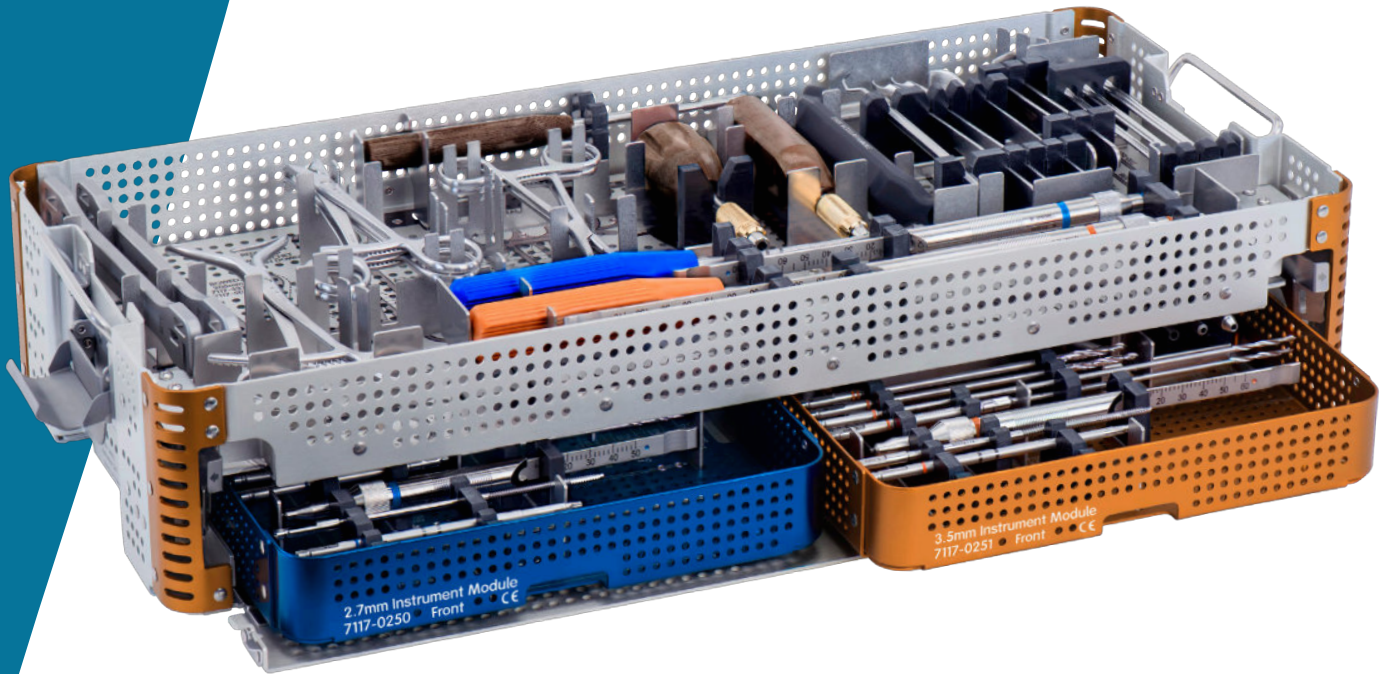
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# EVOS SMALL

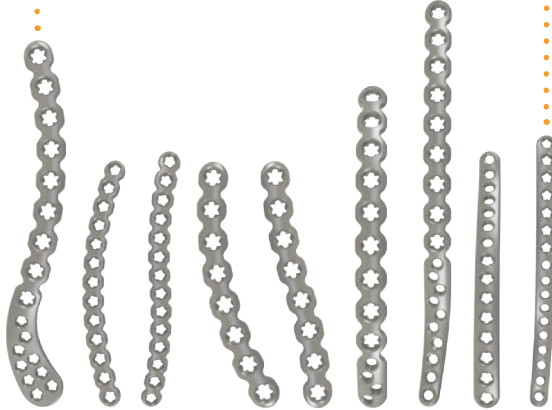
## Plating System



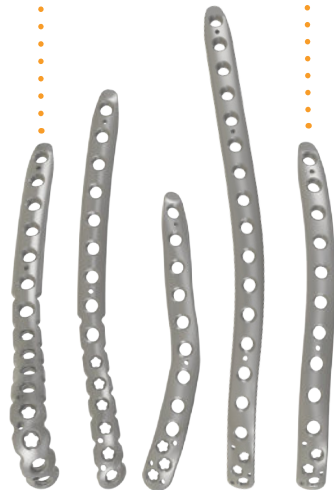
Proximal Humerus



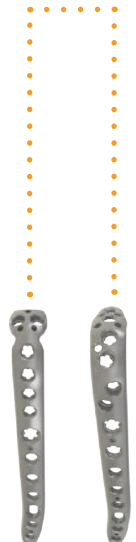
Clavicle



Distal Humerus



Olecranon



Save  
the  
Date



17-18<sup>th</sup>  
JANUARY 2026



📍 DUBAI AIRPORT FREE ZONE AREA (DAFZA), BUILDING 8W,  
5<sup>TH</sup> FLOOR, REGUS BUSINESS CENTER OFFICE 511

☎ +971 50 949 0425 / +971 50 554 6063 ✉ INFO@PURESPOT.ORG

📍 CAIRO 📍 ALEXANDRIA 📍 LUXOR 📍 DELTA 📍 ASYUT 📍 DUBAI

